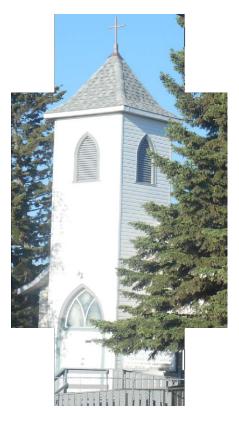
Westview Lodge



are we?

July 2016

Where in Rocky

July Fun Facts

Origin of July's Name: A Roman Senate named the month to Julius (July) in honour of Julius Caesar, who was born on 12 July.

Birthstone: Ruby (contentment) Flower: Larkspur



July:

- 1 Canada Day
- 1 Halfway through 2016
- 3 Compliment your Mirror Day
- 7 National Drive-thru Day
- 10 Don't Step on a Bee Day
- 18 Birth Anniversary of Red Skelton (1913-1997)
- 19 July Birthday Party in the afternoon
- 19 Full Moon- also known as Summer Moon
- 27 Bugs Bunny's Birthday, 1940









Weather: Every day across the planet Earth there are about 1,800 thunderstorms. Did you know? The longest recorded flight of a chicken was 13 seconds.

Superstitions: If you use the same pencil to take a test that you used for studying for the test, the pencil will remember the answers.

Quote of the month: If you could kick the person in the pants responsible for most of your trouble, you wouldn't sit for a month.

True or False? The saxophone got its name from the Belgium inventor, Adolf Sax. Can you believe it: In 1770, British parliament banned lipstick, saying it had the power to seduce men into marriage, which was classified as witchcraft.

July 2016

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|---|---|--------------------------|
| Moon Phases: New Moon: July 4 First Quarter: July 12 Full Moon: July 19 Last Quarter: July 26 | | | Acton House & Day Manor: Bingo at Amenity Building every Wednesday at 2:00 | July 1* Canada Day | 1 July 1 st . Happy Birthday Canada No Office Staff No Cleaning Staff | 2 2:30 Bingo- Nicole |
| 3 2:30 Presbyterian Church | 4 10:30 Exercise 1:15 Bible Chatter 2:30 Left Right Center Game 6:30 Bingo- Alice | 5 HAIR DAY 8:45 Shuffleboard 9:00 Woodworking 9:30 CO OP Shop 1:00 Scrabble 2:30 Reading Corner 6:00 Dovercourt Bingo | 6 HAIR DAY 8:30 Newspaper 9:30 Coffee at AmenityBuilding 9:30 Yoga 10:30 Kidz in the Rockies 10:30 Walkabout 2:30 Music with Donna | 7 9:00-noon Elly's Footcare 9:00 Woodworking 9:00 Reading Corner 10:30 Exercise 1:30 Tessa, our canine friend 1:45 Red and White Drive Thru 2:30 Horse Racing 6:00 Cowboy Church | 8 8:45 Shuffleboard 1-3:00 Acrylic Paint Class 7:00 Frayns and Friends | 9 |
| 10 2:30 Mountain Bible Chapel | 11 10:30 Exercise 1:15 Bible Chatter 2:30 Penny Game 6:30 Bingo- Alice | 12 HAIR DAY 8:45 Shuffleboard 9:00 Woodworking 9:30 CO OP Shop 1:00 Scrabble 2:30 Reading Corner 6:00 Dovercourt Bingo | 13 HAIR DAY 8:30 Newspaper 9:30 Yoga 10:30 Bus Trip Picnic 2:30 Music with Nancy | 14 9:00-noon Elly's Footcare 9:00 Woodworking 9:00 Reading Corner 10:30 Exercise 2:30 Horse Racing 6:00 Cowboy Church | 15 8:45 Shuffleboard 1-3:00 Acrylic Paint Class 7:00 Wolfpack | 16 |
| 17 2:30 Cowboy Church | 18 10:30 Exercise 1:15 Bible Chatter 2:30 Crazy Cards 6:30 Bingo- Alice | 19 HAIR DAY 8:45 Shuffleboard 9:00 Woodworking 9:30 CO OP Shop 1:00 Scrabble 1:45 Wes and Wendy- Birthday Celebration 6:00 Dovercourt Bingo | 20 HAIR DAY 8:30 Newspaper 10:30 Yoga 10:30 Walkabout 1:00 Creative Past Times 2:30 Music with Donna | 21 9:00-noon Elly's Footcare 9:00 Woodworking 9:00 Reading Corner 10:30 Exercise 1:30 Tessa, our canine friend 2:30 Horse Racing 6:00 Cowboy Church | 22 8:45 Shuffleboard 1-3:00 Acrylic Paint Class | 23 2:30 Bingo- Nicole |
| 24 2:30 Anglican/ Lutheran Church 31 2:30 Church of God of Prophecy | 25 10:30 Exercise 1:15 Bible Chatter 2:30 Card Bingo | 26 HAIR DAY 8:45 Shuffleboard 9:00 Woodworking 9:30 CO OP Shop 1:00 Scrabble 2:30 Reading Corner 6:00 Dovercourt Bingo | 27 HAIR DAY 8:30 Newspaper 10:30 Yoga 10:30 Walkabout 1:00 Creative Past Times 1:00 Bus Drive with a DQ stop! | 28 9:00 Woodworking 9:00 Reading Corner 10:30 Exercise 2:00 Barber 2:30 Horse Racing 6:00 Cowboy Church | 29 8:45 Shuffleboard 1-3:00 Acrylic Paint Class | 30 |

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